

# One Hand Drum Roll - Exercises

[www.OneHandRoll.com](http://www.OneHandRoll.com)

## Exercise 1



## Exercise 2



## Exercise 3



## Exercise 4



## Exercise 5 - Single Stroke Roll to One Handed Roll

r l r l etc                      r r r r etc

l r l r etc                      l l l l etc

## Exercise 6 - double stroke roll transitions

r r l l etc                      r r r r etc

l l r r etc                      l l l l etc