



Chapter 2: "Doubles" - Exercises 34 through 37

Music engraving by Steve Ferraro

Exercise 34 - Unison 3 over 4 foot shuffle

Same kick part, but played as 16th notes, left foot on kick, super fast. Accelerate. Heel down! = 120

Same, only unison foot part. Then fill "gaps" with right foot on kick + hat. Heel up! = 135

Exercise 35 - RLL foot ostinato (Check hand pattern!)

♩ = 170

Exercise 36 - Doubles between left hand and left foot

Heel down! Improvise on top. Do rudiments: singles, doubles, flams...

Variation:

Exercise 37 - "Doubles" on 3 hats / left hand / left foot

Improvise over groove. Play left hand/left foot ostinato. Use 2 hats, splash. Next, switch to left foot kick, right foot right hat.